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If you have any questions or concerns please email me at:
heartandmindteaching@gmail.com

♥
Ashley

GOOGLE SLIDES

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource.

1 Click here  [Character Education](#)

2 You will be prompted to make a copy of the resource. Click on the blue box that says “Make a copy” and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



3 Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

4 Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

5 From here, you should see a grey box that says “Students can view file.” Click the grey box. A dropdown menu should appear. Select, “Make a copy for each student.”

YOU HAVE TO MAKE A COPY FOR EACH STUDENT!

Otherwise they will all be editing the same file.

Click “Assign” in the top right corner if you’re ready to post!

This product is meant to be used in “edit” mode (not “presentation” mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

Helpful links for using Google Classroom:

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)

SEL IN A SNAP



Character Education

Session Objective:

*Students will identify character education traits and values.

Materials:

*Handouts, scissors, pencils, stapler.

Guiding Questions:

- *What are the some character traits?
- *Which character traits impact the relationship you have with others?
- *Which character traits impact the relationship you have with yourself?

ASCA Standards Alignment:

- *Mindset: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being. (M 1)
- *Behavior: Social Skills: Empathy (B-SS 4)
- *Behavior: Self-Management: Self-discipline and self-control (B-SMS 2)

SEL Competencies:

- *Self-awareness: Self-efficacy.

Session Details

*Prepare the workbook in advance. Print all pages and cut down the middle, in half, then put the pages back to back and staple them together forming the workbook for each student. Based on how much time you have, or the developmental level of your students, you may want to leave out a few emotions and focus on the ones you find most important.

*Say "Today we are going to learning about different positive character traits. Character Education means Important values and virtues that contribute to personal growth and social responsibility. It is important because it instills values that you can carry with you throughout your life, influencing behavior, choices, and relationships beyond school. Character education seeks to create not just knowledgeable students, but also compassionate and responsible ones who contribute positively to society." "Let's look at your workbook, you will see on the third and fourth pages, character traits that impact your relationship with yourself and others." Go through each page that talks about a different character trait. "The first trait is being kind." Go through how kind looks, sounds, and feels, and also some examples of kindness. On the next page, have students write or draw examples of when they feel kind and how kindness looks, sounds, and feels like to them. Go through the rest of the traits.

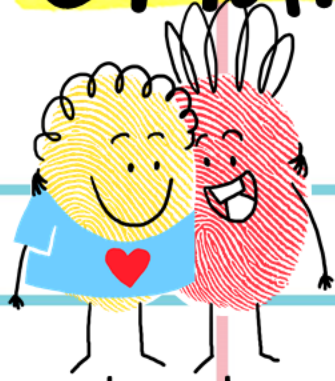


Character Education

Important values and virtues that contribute to personal growth and social responsibility.



Character Education



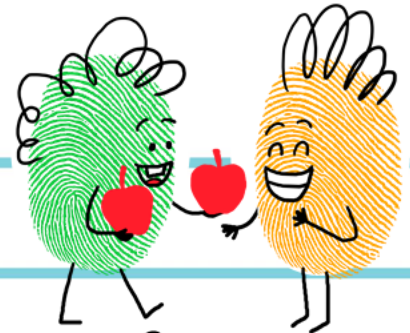
Kind



Honest



Creative



Generous



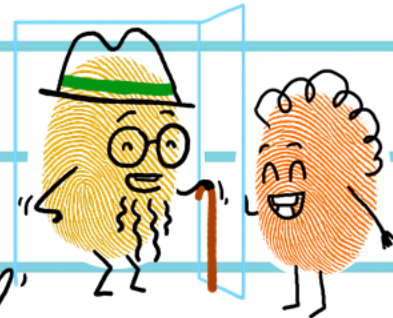
Brave



Grateful



Compassionate



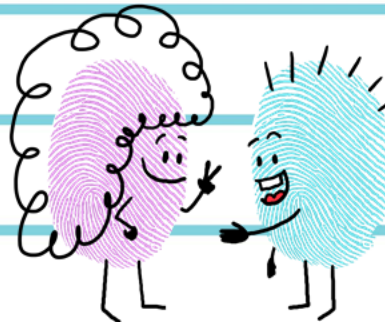
Respectful



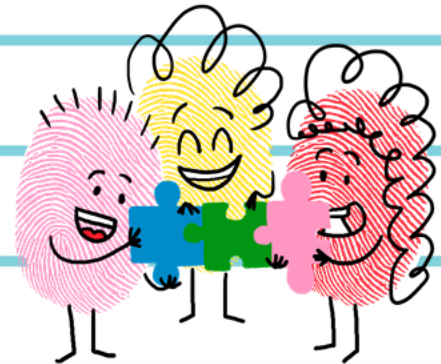
Curious



Trustworthy



Fair



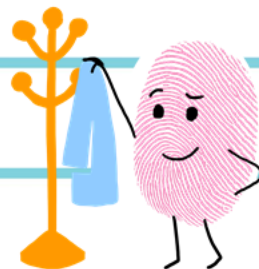
Cooperative



Empathetic



Citizenship



Responsible



Self-discipline



Resilient



Character Education



Name: _____

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Character Education:
Important values and virtues
that contribute to personal
growth and social
responsibility.



Why is it important?

It instills values that you can carry
with you throughout your life,
influencing behavior, choices, and
relationships beyond school.
Character education seeks to create
not just knowledgeable students, but
also compassionate and responsible
ones who contribute positively
to society.

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Impacts your relationship with yourself



Brave



Creative



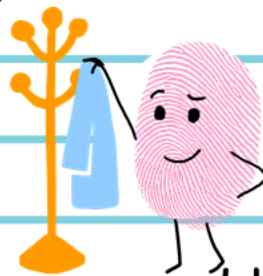
Honest



Grateful



Self-discipline



Responsible



Resilient

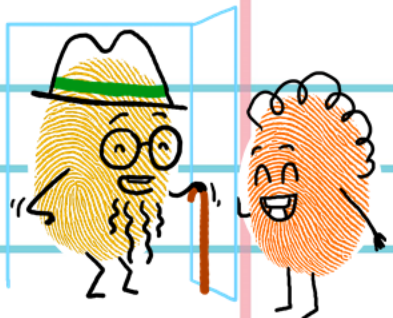


Curious

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Impacts your relationship with others



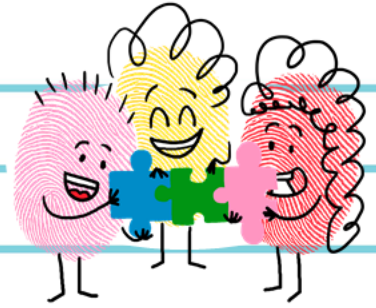
Respectful



Empathetic



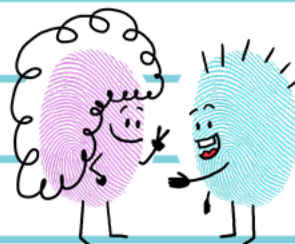
Citizenship



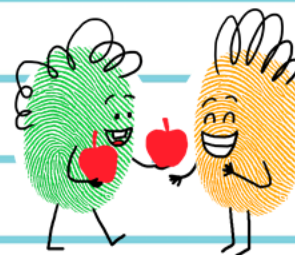
Cooperative



Trustworthy



Fair



Generous



Compassionate



Kind

© Heart & Mind Teaching



Character Education

KIND

Examples:

- * Giving someone a compliment.
- * Holding the door for someone.
- * Offering help.
- * Sharing.
- * Volunteering.



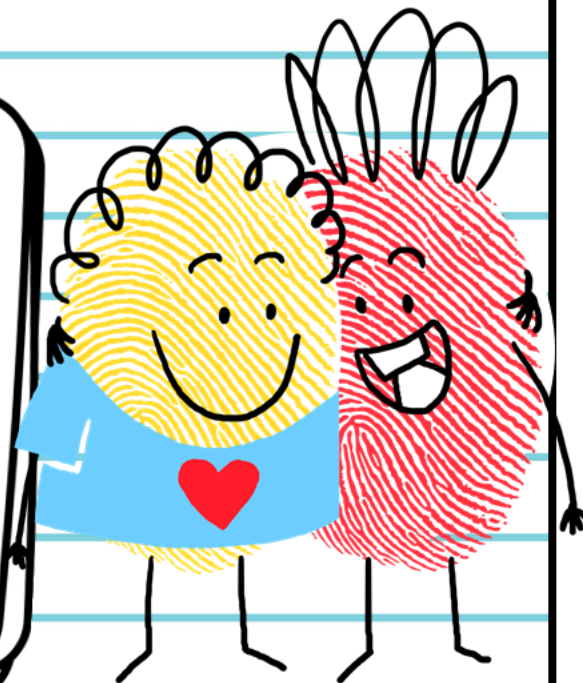
Looks like: A warm smile, a comforting hug, open posture, active listening.



Sounds like: Compliments, words of encouragement, and expressions of gratitude.



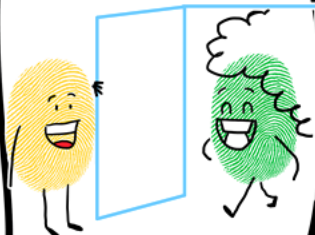
Feels like: Feeling appreciated, valued, and understood.



KIND

I feel kind when:

Kindness looks/feels like this to me:





Character Education

HONEST

Examples:

- *Owning up to your mistakes.
- *Taking responsibility for your actions.
- *You do what you say you're going to do.
- *You say what you mean.



Looks like: Sharing accurate information consistently and being transparent with your intentions.



Sounds like: Speaking the truth, avoiding lies.



Feels like: Having a sense of integrity and self-respect.



HONEST

I feel honest when:



Honesty looks/feels like this to me:



Character Education

BRAVE

Examples:

- *Trying new things.
- *Defending someone who is being treated unfairly.
- *Taking on challenges despite being scared.
- *Standing up for your beliefs.



Looks like: Facing fears, standing up for what is right, taking risks



Sounds like: Asking questions, sharing ideas, expressing feelings, speaking up even when it's hard.



Feels like: A sense of pride and accomplishment, and confidence



BRAVE

I feel brave when:

Bravery looks/feels like this to me:





Character Education

CREATIVE

Examples:

- *Playing an instrument.
- *Writing or telling a story.
- *Drawing/painting
- *Building Legos.
- *Pretend play.
- *Brainstorming ideas.



Looks like: Artistic expression (art, music, writing), imaginative play, unique solutions.



Sounds like: Brainstorming, creating music or ideas.



Feels like: Thinking outside of the box and finding joy in the process of making and discovering new things.



CREATIVE

I feel creative when:

Creativity looks/feels like this to me:





Character Education

RESPECTFUL

Examples:

- *Saying "Thank you", "excuse me", "please"
- *Waiting in line.
- *Giving personal space.
- *Making eye contact.
- *Taking turns.
- *Raising your hand.



Looks like: Active listening, polite body language, following rules, taking turns.



Sounds like: Using polite words, calm and kind tone of voice.

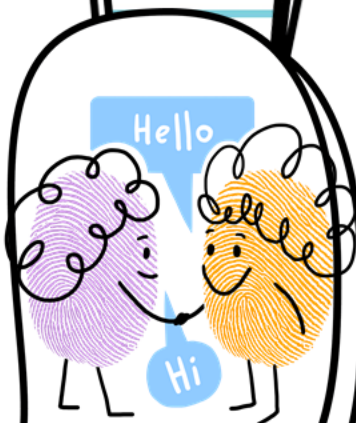


Feels like: Others feel heard and in a safe and comfortable environment.



RESPECTFUL

I feel respectful when:



Respect looks/feels like this to me:



Character Education

CURIOUS

Examples:

- *Asking "Why", "How", "What if?" and "Can you explain?"
- *Repeating information and asking follow up questions.
- *Participating in discussions.



Looks like: Bright focused eyes observing the world, exploring and examining, actively engaged.



Sounds like: Asking questions, excited tone of voice, listening intently.



Feels like: A sense of wonder and excitement to learn something new.



CURIOUS

I feel curious when:

Curiosity looks/feels like this to me:





Character Education

COOPERATIVE

Examples:

- *Sharing tasks, tools, and materials.
- *Taking turns speaking.
- *Helping each other.
- *Actively listening to others ideas.
- *Calm, solution focused discussions.



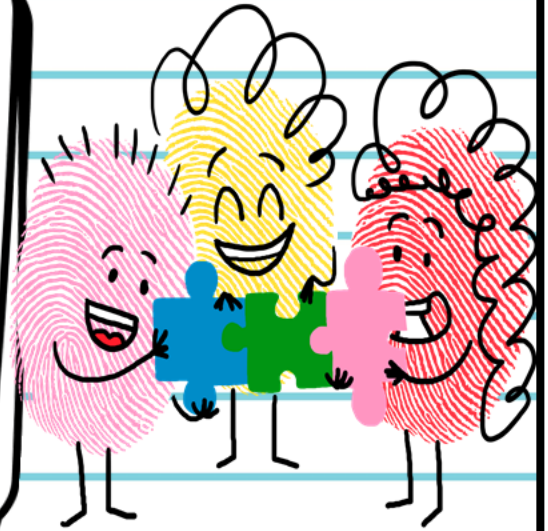
Looks like: Working together for a common goal where everyone contributes.



Sounds like: Supportive and encouraging words, smiling and nodding.

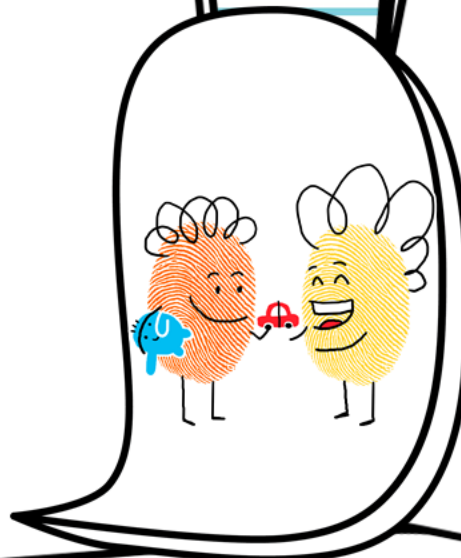


Feels like: Being part of a team, sense of belonging and connection.



COOPERATIVE

I feel cooperative when:



Cooperation looks/feels like this to me:



Character Education

FAIR

Examples:

- *Taking turns and sharing.
- *Everyone follows the same rules.
- *Everyone is included.
- *People's needs are heard and met.



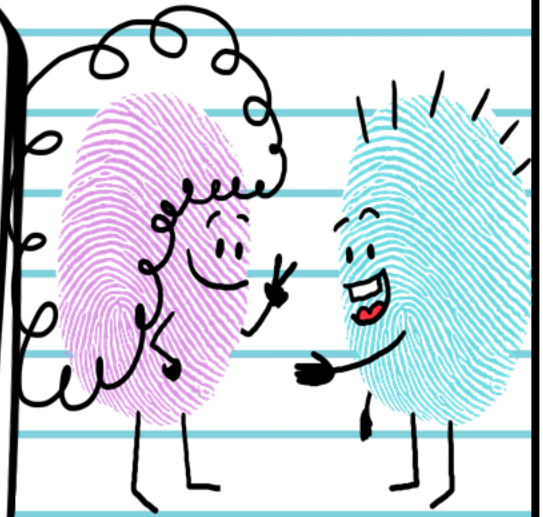
Looks like: Everyone is given the same opportunities and what they need to succeed.



Sounds like: Listening and being open to others perspectives.



Feels like: Peaceful, balanced, respected and valued.



FAIR

I feel fair when:

Fairness looks/feels like this to me:





Character Education

EMPATHETIC

Examples:

- * Making eye contact, nodding and showing focus when listening.
- * Giving a pat on the back or hug.
- * Offering help.
- * Saying "I'm here for you", or "That sounds difficult."



Looks like: Being present, attentive body language, comforting gestures, helping.



Sounds like: Supportive words, active listening, validating feelings.



Feels like: Feeling understood and supported. Fosters connection.



EMPATHETIC

I feel empathy when:

Empathy looks/feels like this to me:





Character Education

CITIZENSHIP

Examples:

- *Pick up litter.
- *Plant a tree.
- *Recycling and conserving water.
- *Volunteering.
- *Helping a neighbor.
- *Donating to charity.



Looks like: Following rules and laws, caring for the environment, helping others.



Sounds like: Speaking kindly, advocating for others, participating.



Feels like: Being a part of something bigger than yourself, contributing to your community.



CITIZENSHIP

I feel like a good citizen when:

Citizenship looks/feels like this to me:





Character Education

RESPONSIBLE

Examples:

- *Doing your homework, chores.
- *Owning up to your actions.
- *Doing what you say you are going to do.
- *Being organized
- *Helping without being asked.



Looks like: Completing tasks, taking care of your stuff, being prepared.



Sounds like: Clear communication, making and sticking to commitments.



Feels like: Pride in yourself, and knowing others can rely on you.



RESPONSIBLE

I feel responsible when:

Responsibility looks/feels like this to me:





Character Education

SELF-DISCIPLINE

Examples:

- *Following a consistent routine.
- *Staying engaged in a task without being distracted.
- *Following through on commitments.
- *Finishing assignments on time.



Looks like: Goal setting, staying focused, making healthy choices, managing emotions.



Sounds like: Waiting for your turn to speak, setting limits and boundaries.

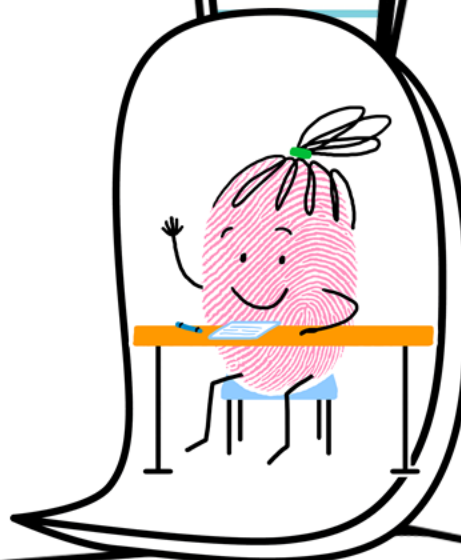


Feels like: Driven and motivated, sense of accomplishment.



SELF-DISCIPLINE

I feel self-disciplined when:



Self-discipline looks/feels like this to me:



Character Education

RESILIENT

Examples:

- * Adjusting to changes or setbacks.
- * Not giving up.
- * Problem-solving when faced with obstacles.
- * Seeking help.



Looks like: Persevering when things get hard or obstacles come up, managing emotions calmly even when stressed.



Sounds like: Positive self-talk, optimism, encouragement.



Feels like: Confidence in capabilities, determination, hopeful.



I can

RESILIENT

I feel resilient when:

Resilience looks/feels like this to me:





Character Education

GRATEFUL

Examples:

- *Writing thank you notes or verbally saying thanks.
- *Keeping a gratitude journal.
- *Spending time with loved ones.
- *Paying it forward.



Looks like: Showing appreciation, hugging and showing affection, genuine smile.



Sounds like: Saying Thank you or expressing appreciation.



Feels like: Heart that feels joy and fulfillment.



GRATEFUL

I feel grateful when:



Grateful looks/feels like this to me:



Character Education

GENEROUS

Examples:

- *Acts of kindness.
- *Thoughtful gifts.
- *Donating to those in need.
- *Helping a neighbor.
- *Supporting a friend.
- *Listening without judgement.



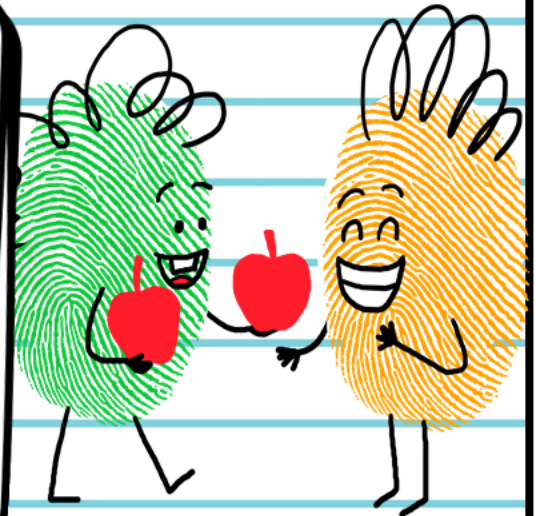
Looks like: Giving thoughtful gifts or notes, helping others, being open-minded.



Sounds like: Positive encouragement, expressing care, sharing experiences.



Feels like: Sense of belonging, community and purpose.



GENEROUS

I feel generous when:

Generosity looks/feels like this to me:





Character Education

COMPASSION

Examples:

- * Helping someone with daily tasks.
- * Giving someone your full attention and listening intently.
- * Donating time or items.
- * Providing food or water to a stray animal.



Looks like: Acts of kindness, gentle gestures, comforting hug, actively listening, supportive body language.



Sounds like: Encouraging words, validating feelings, empathetic responses, offering to help.

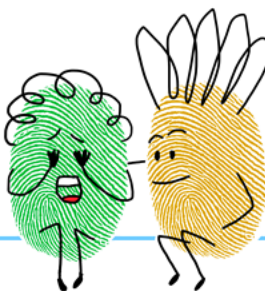


Feels like: Concern for others and an urge to help.



COMPASSION

I feel compassionate when:



Compassion looks/feels like this to me:



Character Education

TRUSTWORTHY

Examples:

- *Respecting privacy (not gossiping).
- *Returning lost items.
- *Keeping promises.
- *Being honest and having integrity (no cheating).
- *Respecting rules.



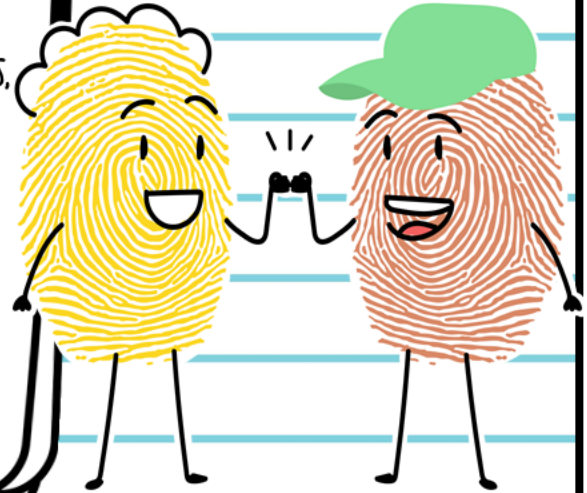
Looks like: Following through on promises and commitments, dependable.



Sounds like: Honest communication, willingness to listen.



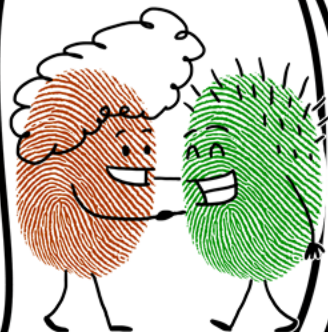
Feels like: Sense of safety and deeper bond, people can rely on you.



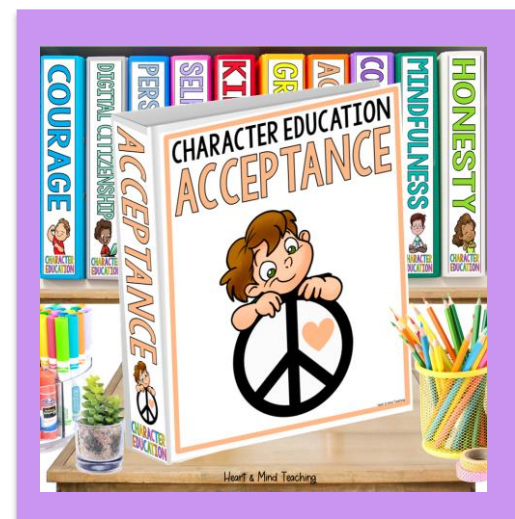
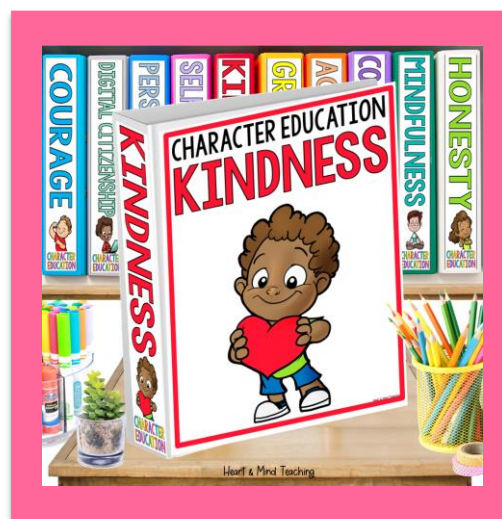
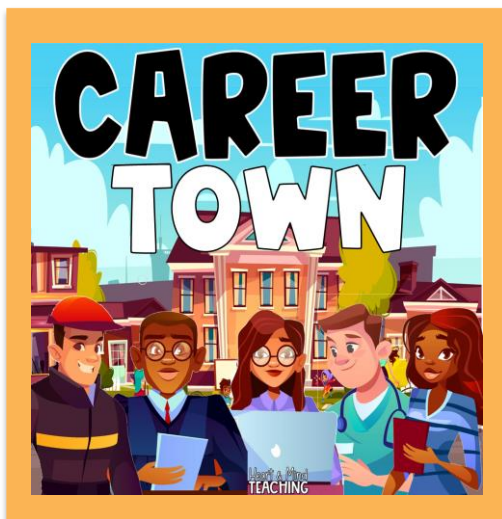
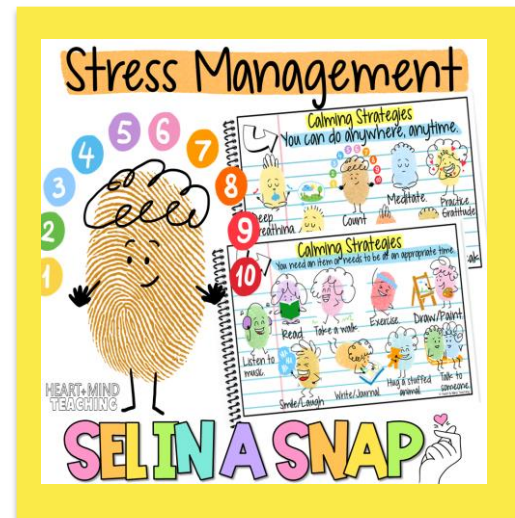
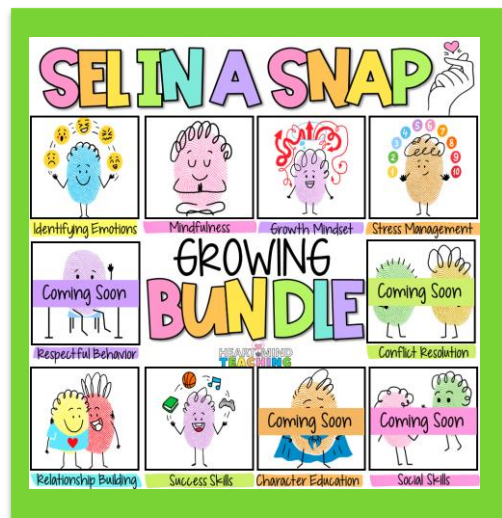
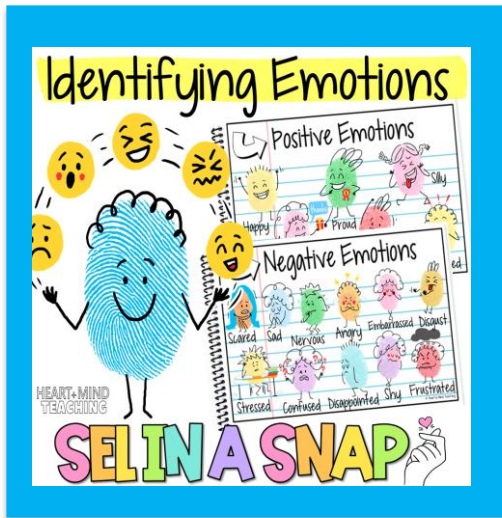
TRUSTWORTHY

I feel trustworthy when:

Trust looks/feels like this to me:



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MEMBER Perks

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THANK YOU

FOR SUPPORTING MY LITTLE SHOP.

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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Ashley

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